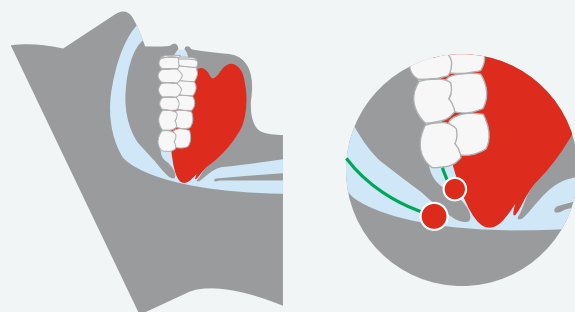
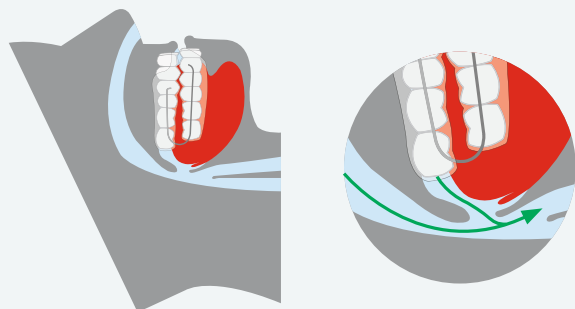


Tongue position while awake, enough room to breathe freely.



Tongue position while asleep. Constriction of the throat makes breathing difficult and causes the familiar snoring sound.



Once inserted the DocSnoreNix® pulls the tongue and the whole lower jaw forward. Pressure is removed from the throat and breathing is no longer restricted.

DocSnoreNix® is available at:



Dreve Design Rev.191113-DU191113-5000-D-770233



www.docsnorenix.de

Snore no longer!



DocSnoreNix®
Snore no longer!

www.docsnorenix.de



Snoring

Almost one person in three is a snorer. Among older people as many as 60% of men and 40% of women snore. The snoring sounds they make each night can be anything from a slight rattle to a loud sawing noise that can reach up to 90 decibels. The snorers themselves are often completely unaware of it.

A lot of people are tense and tired in the morning.
DocSnoreNix® can change that.

What causes snoring?

When a person sleeps on their back, relaxation of the muscles can cause the tongue to fall back into the throat and constrict the airway. This creates a stronger air current which sets the uvula at the back of the throat vibrating. And that leads to irritating snoring noises.

Snoring noises foremost affect other people. Partners, family members, other members of the household and also neighbours regularly have their sleep disturbed. The snorers themselves have to struggle with problems that are silent but more serious. In most cases these problems are not recognised as being linked to snoring.

Side effects:

Snorers often suffer from bouts of sleep apnoea - short, irregular pauses in breathing. However other side effects may occur:

- Chronic sleep disturbance
- Edginess
- Daytime fatigue
- Poor concentration
- Sexual problems
- Cardiovascular disease (high blood pressure, risk of stroke)
- Headaches
- Palpitations
- Shorter life expectancy

Risk factors favouring snoring and sleep apnoea are overweight, consumption of alcohol and tobacco, allergies, deviated nasal septum, hypothyroidism and increased neck circumference.

Taking certain medications and misuse of hormone preparations to increase performance can also favour snoring.

By the way: DocSnoreNix® is only worn at night. It involves no surgery or prolonged treatment.

DocSnoreNix®

DocSnoreNix® is a mandibular advancement device. It works by pushing the lower jaw (mandible) slightly forward. This prevents the tongue from falling back into the throat and reduces snoring by up to 100%.

- No medicine
- No side effects
- No surgery
- Use of biocompatible materials
- The device is inserted in the evening before going to sleep and removed again after getting up.

What are the advantages of DocSnoreNix®?

- Swallowing and speaking are no problem
- Guarantees healthy and relaxed breathing
- Made to fit the individual patient
- Comfortable to wear
- Easy to use
- Individually fitted

Your personal DocSnoreNix® is specially made in a dental laboratory. Your dentist takes an impression of your teeth and the laboratory then makes a device to fit your particular dental pattern. Taking a dental impression is painless, simple and only takes a few minutes. Making the DocSnoreNix® device takes just a few days. You can put it in or take it out yourself at any time and it is very easy to look after.